



Code	Menu Items	Ingredient List
<b>Monday Selections (Soups are served with bread roll)</b>		
M235	<b>Spaghetti Bolognese</b>	<ul style="list-style-type: none"><li>• Chicken</li><li>• Pasta shells: Semolina (wheat), Niacin, Ferrous Sulfate (iron), Thiamin mononitrate, riboflavin, folic acid. contains wheat ingredients.</li><li>• Olive Oil</li><li>• San Marzano Tomatoes</li><li>• Onion</li><li>• Garlic</li><li>• Basil</li><li>• Thyme</li><li>• Salt</li><li>• Pepper</li><li>• Cream of Mushroom Soup</li></ul>
M232V	<b>Spaghetti with Marinara</b>	<ul style="list-style-type: none"><li>• Beans</li><li>• Pasta shells: Semolina (wheat), Niacin, Ferrous Sulfate (iron), Thiamin mononitrate, riboflavin, folic acid. contains wheat ingredients.</li><li>• Olive Oil</li><li>• San Marzano Tomatoes</li><li>• Onion</li><li>• Garlic</li><li>• Basil</li><li>• Thyme</li><li>• Salt</li><li>• Pepper</li><li>• Cream of Mushroom Soup</li></ul>
M148	<b>Creamy Tomato Chicken Mac &amp; Cheese</b>	<ul style="list-style-type: none"><li>• Chicken</li><li>• Pasta shells: Semolina (wheat), Niacin, Ferrous Sulfate (iron), Thiamin mononitrate, riboflavin, folic acid. contains wheat ingredients.</li><li>• Tomato</li><li>• Onion</li><li>• Black Pepper</li><li>• Garlic Powder</li><li>• Chili Powder</li></ul>

		<ul style="list-style-type: none"> <li>• Parsley</li> <li>• Brown Sugar</li> <li>• Mozzarella</li> </ul>
M149V	<b>Creamy Tomato Veggie Mac &amp; Cheese</b>	<ul style="list-style-type: none"> <li>• Cannellini Beans</li> <li>• Pasta shells: Semolina (wheat), Niacin, Ferrous Sulfate (iron), Thiamin mononitrate, riboflavin, folic acid. contains wheat ingredients.</li> <li>• Tomato</li> <li>• Onion</li> <li>• Black Pepper</li> <li>• Garlic Powder</li> <li>• Chili Powder</li> <li>• Parsley</li> <li>• Brown Sugar</li> <li>• Mozzarella</li> </ul>
M150	Chicken & Vegetable Stew with Bread Roll	<ul style="list-style-type: none"> <li>● Chicken</li> <li>● Onion</li> <li>● Bell Pepper</li> <li>● Tomato</li> <li>● Celery</li> <li>● Potato</li> <li>● Carrot</li> <li>● Black Pepper</li> <li>● Garlic Powder</li> <li>● Parsley</li> <li>● Potato Powder Thickener</li> <li>• Bread Roll - WATER, WHOLE WHEAT FLOUR, UNBLEACHED ENRICHED FLOUR WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID, SUGAR, WHEAT GLUTEN, CONTAINS 2 OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL , SALT, DOUGH CONDITIONERS CONTAINS ONE OR MORE OF THE FOLLOWING: SODIUM STEAROYL LACTYLATE, CALCIUM STEAROYL LACTYLATE, MONOGLYCERIDES, MONO- AND DIGLYCERIDES, DISTILLED MONOGLYCERIDES, CALCIUM PEROXIDE, CALCIUM IODATE, DATEM, ETHOXYLATED MONO- AND DIGLYCERIDES, ENZYMES, ASCORBIC ACID , YEAST, CALCIUM SULFATE, GUAR GUM, CALCIUM</li> </ul>

		PHOSPHATE, CALCIUM PROPIONATE TO RETARD SPOILAGE
M151V	Vegetable Stew with Bread Roll	<ul style="list-style-type: none"> <li>● Cannellini Beans</li> <li>● Potato</li> <li>● Squash</li> <li>● Onion</li> <li>● Bell Pepper</li> <li>● Tomato</li> <li>● Celery</li> <li>● Potato</li> <li>● Carrot</li> <li>● Black Pepper</li> <li>● Garlic Powder</li> <li>● Parsley</li> <li>● Potato Powder Thickener</li> <li>● Bread Roll - WATER, WHOLE WHEAT FLOUR, UNBLEACHED ENRICHED FLOUR WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID, SUGAR, WHEAT GLUTEN, CONTAINS 2 OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL , SALT, DOUGH CONDITIONERS CONTAINS ONE OR MORE OF THE FOLLOWING: SODIUM STEAROYL LACTYLATE, CALCIUM STEAROYL LACTYLATE, MONOGLYCERIDES, MONO- AND DIGLYCERIDES, DISTILLED MONOGLYCERIDES, CALCIUM PEROXIDE, CALCIUM IODATE, DATEM, ETHOXYLATED MONO- AND DIGLYCERIDES, ENZYMES, ASCORBIC ACID , YEAST, CALCIUM SULFATE, GUAR GUM, CALCIUM PHOSPHATE, CALCIUM PROPIONATE TO RETARD SPOILAGE</li> </ul>
<b>Tuesday Selections</b>		
M405	<b>Spaghetti &amp; Chicken Meatball</b>	<ul style="list-style-type: none"> <li>● Meatballs - Ground Chicken, Bread crumb, Milk, Parsley, Parmesan, Salt, Pepper, Nutmeg</li> <li>● Pasta shells: Semolina (wheat), Niacin, Ferrous Sulfate (iron), Thiamin mononitrate, riboflavin, folic acid. contains wheat ingredients.</li> <li>● Olive Oil</li> <li>● San Marzano Tomatoes</li> <li>● Onion</li> </ul>

		<ul style="list-style-type: none"> <li>● Garlic</li> <li>● Carrots</li> <li>● Peas</li> <li>● Salt</li> <li>● Pepper</li> </ul>
M406V	<b>Spaghetti Veggie Meatballs</b>	<ul style="list-style-type: none"> <li>● Tofu</li> <li>● Pasta shells: Semolina (wheat), Niacin, Ferrous Sulfate (iron), Thiamin mononitrate, riboflavin, folic acid. contains wheat ingredients.</li> <li>● Olive Oil</li> <li>● San Marzano Tomatoes</li> <li>● Onion</li> <li>● Garlic</li> <li>● Carrots</li> <li>● Peas</li> <li>● Salt</li> <li>● Pepper</li> </ul>
M246	<b>Turkey Orzo Risotto</b>	<ul style="list-style-type: none"> <li>● Turkey</li> <li>● Orzo - Durum wheat semolina, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid</li> <li>● Mushroom</li> <li>● Carrot</li> <li>● Onion</li> <li>● Garlic Powder</li> <li>● Chicken Broth</li> <li>● Dry Sherry</li> <li>● Parmesan Cheese</li> <li>● Salt</li> <li>● Pepper</li> <li>● Parsley</li> </ul>
M247V	<b>Veggie Orzo Risotto</b>	<ul style="list-style-type: none"> <li>● Cannellini Beans</li> <li>● Orzo - Durum wheat semolina, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid</li> <li>● Mushroom</li> <li>● Carrot</li> <li>● Onion</li> <li>● Garlic Powder</li> <li>● Vegetable Broth</li> <li>● Dry Sherry</li> <li>● Parmesan Cheese</li> <li>● Salt</li> <li>● Pepper</li> <li>● Parsley</li> </ul>
M248	<b>Chicken Orzo Risotto</b>	<ul style="list-style-type: none"> <li>● Turkey</li> </ul>

		<ul style="list-style-type: none"> <li>● Orzo - Durum wheat semolina, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid</li> <li>● Mushroom</li> <li>● Carrot</li> <li>● Onion</li> <li>● Garlic Powder</li> <li>● Chicken Broth</li> <li>● Dry Sherry</li> <li>● Parmesan Cheese</li> <li>● Salt</li> <li>● Pepper</li> <li>● Parsley</li> </ul>
M148	<b>Creamy Tomato Turkey Mac &amp; Cheese</b>	<ul style="list-style-type: none"> <li>● Turkey</li> <li>● Pasta shells: Semolina (wheat), Niacin, Ferrous Sulfate (iron), Thiamin mononitrate, riboflavin, folic acid. contains wheat ingredients.</li> <li>● Tomato</li> <li>● Onion</li> <li>● Black Pepper</li> <li>● Garlic Powder</li> <li>● Chili Powder</li> <li>● Parsley</li> <li>● Brown Sugar</li> <li>● Mozzarella</li> </ul>
M149V	<b>Creamy Tomato Veggie Mac &amp; Cheese</b>	<ul style="list-style-type: none"> <li>● Cannellini Beans</li> <li>● Pasta shells: Semolina (wheat), Niacin, Ferrous Sulfate (iron), Thiamin mononitrate, riboflavin, folic acid. contains wheat ingredients.</li> <li>● Tomato</li> <li>● Onion</li> <li>● Black Pepper</li> <li>● Garlic Powder</li> <li>● Chili Powder</li> <li>● Parsley</li> <li>● Brown Sugar</li> <li>● Mozzarella</li> </ul>
<b>Wednesday Selections</b>		
M312	<b>Teriyaki Chicken with Rice</b>	<ul style="list-style-type: none"> <li>● Chicken</li> <li>● Whole Grain Enriched Rice</li> <li>● Teriyaki Sauce - Naturally Brewed Soy Sauce (Water, Wheat, Soybeans, Salt), Mirin, Corn Starch, Water, Vinegar, Salt, Spices, Onion Powder, Succinic Acid, Garlic Powder, Sodium Benzoate</li> </ul>

		<ul style="list-style-type: none"> <li>● Brown Sugar</li> <li>● Fresh Garlic</li> <li>● Fresh Ginger</li> <li>● Assorted vegetables: Peas, Carrots, Zucchini</li> <li>● Salt</li> </ul>
M313V	<b>Teriyaki Tofu with Rice</b>	<ul style="list-style-type: none"> <li>● Tofu</li> <li>● Whole Grain Enriched Rice</li> <li>● Teriyaki Sauce - Naturally Brewed Soy Sauce (Water, Wheat, Soybeans, Salt), Mirin, Corn Starch, Water, Vinegar, Salt, Spices, Onion Powder, Succinic Acid, Garlic Powder, Sodium Benzoate</li> <li>● Brown Sugar</li> <li>● Fresh Garlic</li> <li>● Fresh Ginger</li> <li>● Assorted vegetables: Peas, Carrots, Zucchini</li> <li>● Salt</li> </ul>
M324	<b>Sweet and Sour Chicken</b>	<ul style="list-style-type: none"> <li>● Chicken</li> <li>● Whole Grain Enriched Rice</li> <li>● Vegetable Medley: 25% FRENCH CUT GREEN BEANS, 25% CC SLICED CARROTS, 25% SLICED ZUCCHINI, CC QUARTERED, 25% SLICED YLW SQUASH, CC QUARTERED</li> <li>● Sweet and sour sauce: WATER,SUGAR,SOY SAUCEWATER,SOYBEANS,WHEAT,SALT,VINEGAR,MODIFIED CORN STARCH,TOMATO PASTE,PINEAPPLE JUICE CONCENTRATE,ONION POWDER,CARMINE COLOR,HYDRATED GREEN BELL PEPPER,SODIUM BENZOATE: LESS THAN 1/10 OF 1 AS A PRESERVATIVE,CITRIC ACID,GARLIC POWDER,DISODIUM INOSINATE,DISODIUM GUANYLATE,SPICE</li> <li>●</li> </ul>
M325V	<b>Sweet and Sour Tofu</b>	<ul style="list-style-type: none"> <li>● Tofu</li> <li>● Whole Grain Enriched Rice</li> <li>● Vegetable Medley: 25% FRENCH CUT GREEN BEANS, 25% CC SLICED CARROTS, 25% SLICED ZUCCHINI, CC QUARTERED, 25% SLICED YLW SQUASH, CC QUARTERED</li> <li>● Sweet and Sour Sauce: WATER,SUGAR,SOY SAUCEWATER,SOYBEANS,WHEAT,SALT,VINEGAR</li> </ul>

		EGAR,MODIFIED CORN STARCH,TOMATOE PASTE,PINEAPPLE JUICE CONCENTRATE,ONION POWDER,CARMINE COLOR,HYDRATED GREEN BELL PEPPER,SODIUM BENZOATE: LESS THAN 1/10 OF 1 AS A PRESERVATIVE,CITRIC ACID,GARLIC POWDER,DISODIUM INOSINATE,DISODIUM GUANYLATE,SPICE
M224	<b>Butter Chicken with Rice</b>	<ul style="list-style-type: none"> <li>• Chicken</li> <li>• Whole Grain Enriched Rice</li> <li>• Vegetable Medley: 25% FRENCH CUT GREEN BEANS, 25% CC SLICED CARROTS, 25% SLICED ZUCCHINI, CC QUARTERED, 25% SLICED YLW SQUASH, CC QUARTERED</li> <li>• Onion</li> <li>• Ginger</li> <li>• Tomato Paste</li> <li>• Coconut Milk</li> <li>• Yogurt</li> <li>• Garlic Powder</li> <li>• Garam Masala</li> <li>• Turmeric</li> <li>• Cumin</li> <li>• Salt</li> <li>• Paprika</li> </ul>
M225V	<b>Butter Tofu with Rice</b>	<ul style="list-style-type: none"> <li>• Tofu</li> <li>• Whole Grain Enriched Rice</li> <li>• Vegetable Medley: 25% FRENCH CUT GREEN BEANS, 25% CC SLICED CARROTS, 25% SLICED ZUCCHINI, CC QUARTERED, 25% SLICED YLW SQUASH, CC QUARTERED</li> <li>• Onion</li> <li>• Ginger</li> <li>• Tomato Paste</li> <li>• Coconut Milk</li> <li>• Yogurt</li> <li>• Garlic Powder</li> <li>• Garam Masala</li> <li>• Turmeric</li> <li>• Cumin</li> <li>• Salt</li> <li>• Paprika</li> </ul>

M338	<b>BBQ Korean Chicken &amp; Roasted Veggies</b>	<ul style="list-style-type: none"> <li>● Chicken</li> <li>● Whole Grain Enriched Rice</li> <li>● SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT), APPLES, SUGAR, WATER, APPLE JUICE CONCENTRATE, RICE WINE VINEGAR, CANOLA OIL, DRIED GARLIC AND ONION, CORN STARCH, ONIONS, DISTILLED VINEGAR, SEASONING (WATER, DEXTROSE, RICE, CORN SYRUP AND SALT), XANTHAN GUM, SPICES, SEA SALT. CONTAINS: SOY &amp; WHEAT.</li> <li>● Vegetable Medley: 25% FRENCH CUT GREEN BEANS, 25% CC SLICED CARROTS, 25% SLICED ZUCCHINI, CC QUARTERED, 25% SLICED YLW SQUASH, CC QUARTERED</li> </ul>
M339V	<b>BBQ Korean Tofu &amp; Roasted Veggies</b>	<ul style="list-style-type: none"> <li>● Tofu</li> <li>● Whole Grain Enriched Rice</li> <li>● SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT), APPLES, SUGAR, WATER, APPLE JUICE CONCENTRATE, RICE WINE VINEGAR, CANOLA OIL, DRIED GARLIC AND ONION, CORN STARCH, ONIONS, DISTILLED VINEGAR, SEASONING (WATER, DEXTROSE, RICE, CORN SYRUP AND SALT), XANTHAN GUM, SPICES, SEA SALT. CONTAINS: SOY &amp; WHEAT.</li> <li>● Vegetable Medley: 25% FRENCH CUT GREEN BEANS, 25% CC SLICED CARROTS, 25% SLICED ZUCCHINI, CC QUARTERED, 25% SLICED YLW SQUASH, CC QUARTERED</li> </ul>
<b>Thursday Selections</b>		
M436	<b>Creamy Tuscan Chicken Pasta</b>	<ul style="list-style-type: none"> <li>● Chicken</li> <li>● Penne: Semolina (wheat), Niacin, Ferrous Sulfate (iron), Thiamin mononitrate, riboflavin, folic acid. contains wheat ingredients.</li> <li>● Onion</li> <li>● Red Bell Pepper</li> <li>● Vegetable Oil</li> <li>● Tomatoes</li> <li>● Garlic</li> <li>● Cream</li> <li>● Italian Seasoning</li> <li>● Spinach</li> <li>● Parmesan Cheese</li> <li>● Chicken Broth</li> </ul>



M437V	<b>Creamy Tuscan Pasta</b>	<ul style="list-style-type: none"> <li>● Cannellini Beans</li> <li>● Penne: Semolina (wheat), Niacin, Ferrous Sulfate (iron), Thiamin mononitrate, riboflavin, folic acid. contains wheat ingredients.</li> <li>● Onion</li> <li>● Red Bell Pepper</li> <li>● Vegetable Oil</li> <li>● Tomatoes</li> <li>● Garlic</li> <li>● Cream</li> <li>● Italian Seasoning</li> <li>● Spinach</li> <li>● Parmesan Cheese</li> <li>● Vegetable Broth</li> </ul>
M438	<b>Baked Chicken Parmesan</b>	<ul style="list-style-type: none"> <li>● Chicken</li> <li>● Penne: Semolina (wheat), Niacin, Ferrous Sulfate (iron), Thiamin mononitrate, riboflavin, folic acid. contains wheat ingredients.</li> <li>● Tomato Puree</li> <li>● Onion</li> <li>● Bell Pepper</li> <li>● Celery</li> <li>● Garlic</li> <li>● Basil</li> <li>● Cannellini Beans</li> <li>● Parmesan</li> </ul>
M439V	<b>Baked Veggie Parmesan</b>	<ul style="list-style-type: none"> <li>● Cannellini Beans</li> <li>● Penne: Semolina (wheat), Niacin, Ferrous Sulfate (iron), Thiamin mononitrate, riboflavin, folic acid. contains wheat ingredients.</li> <li>● Tomato Puree</li> <li>● Onion</li> <li>● Bell Pepper</li> <li>● Celery</li> <li>● Garlic</li> <li>● Basil</li> <li>● Parmesan</li> </ul>
M244	<b>Singapore Noodle with Turkey</b>	<ul style="list-style-type: none"> <li>● Turkey</li> <li>● Rice Noodle (Enriched Rice Flour &amp; Water)</li> <li>● Vegetable Medley: 25% FRENCH CUT GREEN BEANS, 25% CC SLICED CARROTS, 25% SLICED ZUCCHINI, CC QUARTERED, 25% SLICED YLW SQUASH, CC QUARTERED</li> <li>● Soy Sauce</li> <li>● Curry Powder</li> <li>● Ginger Powder</li> </ul>

		<ul style="list-style-type: none"> <li>● Onion Powder</li> <li>● Garlic Powder</li> </ul>
M245V	<b>Singapore Noodle with Tofu</b>	<ul style="list-style-type: none"> <li>● Tofu</li> <li>● Rice Noodle (Enriched Rice Flour &amp; Water)</li> <li>● Vegetable Medley: 25% FRENCH CUT GREEN BEANS, 25% CC SLICED CARROTS, 25% SLICED ZUCCHINI, CC QUARTERED, 25% SLICED YLW SQUASH, CC QUARTERED</li> <li>● Soy Sauce</li> <li>● Curry Powder</li> <li>● Ginger Powder</li> <li>● Onion Powder</li> <li>● Garlic Powder</li> </ul>
M427	<b>Baked Creamy Ziti</b>	<ul style="list-style-type: none"> <li>● Cannellini Beans</li> <li>● Pasta shells</li> <li>● Marinara sauce</li> <li>● Mozzarella cheese</li> <li>● Bell Pepper</li> <li>● Spinach</li> <li>● Carrots</li> <li>● Onion</li> <li>● Garlic Powder</li> </ul>
<b>Friday Selections</b>		
M506	<b>Baked Chicken Tenders</b>	<ul style="list-style-type: none"> <li>● Baked Chicken Tenders - CHICKEN TENDERLOINS, WATER, SEASONING [SALT, FLAVORS, MALTODEXTRIN, SUGAR, VEGETABLE STOCK CARROT, ONION, CELERY, GARLIC POWDER], MODIFIED FOOD STARCH, SODIUM PHOSPHATES, SOY PROTEIN CONCENTRATE. BREADED WITH: WHEAT FLOUR, WATER, SALT, WHEAT GLUTEN, LEAVENING SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE, SPICES, GARLIC POWDER, DEXTROSE, YELLOW CORN FLOUR, ONION POWDER, EXTRACTIVES OF PAPRIKA AND TURMERIC, SPICE EXTRACTIVE, DISODIUM INOSINATE AND DISODIUM GUANYLATE. BREADING SET IN VEGETABLE OIL.</li> <li>● Cucumber Salad</li> </ul>
M501V	<b>Baked Vegan Tender</b>	<ul style="list-style-type: none"> <li>● Tofu</li> <li>● Corn Starch</li> </ul>

		<ul style="list-style-type: none"> <li>● Evo Oil</li> <li>● Cucumber Salad</li> </ul>
M242	<b>Turkey Sausage English Muffin Sandwich</b>	<ul style="list-style-type: none"> <li>● Turkey Sausage - (Turkey, Water, Contains 2% or Less of Salt, Spices, Sugar, Natural Flavoring)</li> <li>● English Muffin - ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, FARINA (WHEAT), YELLOW CORN FLOUR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING:., YEAST, YELLOW CORN MEAL, WHEAT GLUTEN, HIGH FRUCTOSE CORN SYRUP, SOYBEAN OIL , SALT, DATEM, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), VINEGAR, CORNSTARCH, CITRIC ACID, SODIUM CITRATE, WHEAT STARCH, ENZYMES, PRESERVED WITH CALCIUM PROPIONATE, SORBIC ACID, POTASSIUM SORBATE, AND NATAMYCIN. CONTAINS: WHEAT</li> <li>● Carrot Apple Raisin Salad – Carrots, Apple, Raisin, Lettuce, Honey Mustard Dressing.</li> </ul>
M243V	<b>Veggie English Muffin Sandwich</b>	<ul style="list-style-type: none"> <li>● WATER, WHEAT GLUTEN, SOY FLOUR, CORN OIL, SOY PROTEIN CONCENTRATE, SODIUM CASEINATE, MODIFIED TAPIOCA STARCH, CONTAINS 2 OR LESS OF SOYBEAN OIL, SOY PROTEIN ISOLATE, LACTOSE, AUTOLYZED YEAST EXTRACT, SPICES, METHYLCELLULOSE, NATURAL AND ARTIFICIAL FLAVORS, SODIUM TRIPOLYPHOSPHATE, SALT, HYDROLYZED WHEAT PROTEIN, DISODIUM INOSINATE, CARAMEL COLOR, WHEY, HYDROLYZED SOY PROTEIN, HYDROLYZED CORN GLUTEN, POTASSIUM CHLORIDE, DISODIUM GUANYLATE, DIPOTASSIUM PHOSPHATE, ONION POWDER, TETRASODIUM PYROPHOSPHATE, SODIUM HEXAMETAPHOSPHATE, SUCCINIC ACID, DRIED YEAST, MONOSODIUM PHOSPHATE, LACTIC ACID. VITAMINS AND MINERALS: NIACINAMIDE, IRON FERROUS SULFATE, VITAMIN B1 THIAMIN MONONITRATE, VITAMIN B6 PYRIDOXINE</li> </ul>

		<p>HYDROCHLORIDE, VITAMIN B2 RIBOFLAVIN, VITAMIN B12.</p> <ul style="list-style-type: none"> <li>English Muffin - ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, FARINA (WHEAT), YELLOW CORN FLOUR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING:., YEAST, YELLOW CORN MEAL, WHEAT GLUTEN, HIGH FRUCTOSE CORN SYRUP, SOYBEAN OIL , SALT, DATEM, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), VINEGAR, CORNSTARCH, CITRIC ACID, SODIUM CITRATE, WHEAT STARCH, ENZYMES, PRESERVED WITH CALCIUM PROPIONATE, SORBIC ACID, POTASSIUM SORBATE, AND NATAMYCIN. CONTAINS: WHEAT</li> <li>Carrot Apple Raisin Salad – Carrots, Apple, Raisin, Lettuce, Honey Mustard Dressing.</li> </ul>
<b>Vegetable Selections</b>		
V106	<b>Fresh Fruit Medley</b>	<ul style="list-style-type: none"> <li>A combination of any of the following: cantaloupe, honeydew, strawberries, apples</li> </ul>
S109	<b>Coleslaw Salad</b>	<ul style="list-style-type: none"> <li>Vegan Mayo</li> <li>Apple Cider Vinegar</li> <li>Mustard</li> <li>Salt</li> <li>Cabbage</li> <li>Lemon Juice</li> </ul>
S111	<b>Carrot Apple Raisin Salad</b>	<ul style="list-style-type: none"> <li>Lettuce</li> <li>Carrot</li> <li>Apple</li> <li>Raisin</li> <li>Honey Mustard Dressing</li> </ul>
<b>Sauces</b>		
S101	<b>Cream of Mushroom Soup</b>	<ul style="list-style-type: none"> <li>Butter</li> <li>Mushrooms</li> <li>Onions</li> <li>Whole Grain Flour</li> <li>Salt</li> </ul>

		<ul style="list-style-type: none"> <li>● Pepper</li> <li>● Vegetable Broth</li> <li>● Milk and/or Cream</li> </ul>
S102	<b>Egg-free Mayonnaise</b>	<ul style="list-style-type: none"> <li>● INGREDIENTS: SOYBEAN OIL, WATER, SUGAR, DISTILLED VINEGAR, SALT, CONTAINS 2 OR LESS OF EACH OF THE FOLLOWING: MODIFIED FOOD STARCH CORN, POTATO, LEMON JUICE CONCENTRATE, NATURAL FLAVOR, CALCIUM DISODIUM EDTA USED TO PROTECT QUALITY, PAPRIKA OLEORESIN.</li> </ul>
S110	<b>EVOO Blend</b>	<ul style="list-style-type: none"> <li>● 50% Olive Oil</li> <li>● 50% Pomace Oil</li> </ul>